

DHA Ultimate

Supercritical CO₂ extracted DHA fish oil†

INDICATIONS

- Ages 18 and up
- Neural and cognitive support†
- Joint and skin health†

BENEFITS

- Supports healthy neural and cognitive function†
- Promotes vascular, joint and skin health†

FEATURES

- Solvent-free, CO₂ based fish oil extraction
- Convenient softgel capsule for easy dispensing

VERIFIABLE SCIENCE

The omega-3 essential fatty acid DHA is well recognized for its ability to support neural and cognitive function.¹ Epidemiological studies indicate that a high intake of DHA is associated with healthy cognitive function in adults as well as infants born to mothers with a diet high in DHA.² DHA-rich diets have been shown to support neurons via healthy gene expression, cell cycle function, and arachidonic acid metabolism.³ Fish oil containing DHA has also been associated with healthy lipid metabolism,⁴ platelet function,⁵ vascular health,⁶ and joint function.⁷

SUGGESTED USE

As a dietary supplement, take 2 capsules daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- DHA Ultimate is sourced from sardines and anchovies from the Pacific Ocean off the coast of Chile. The fish oil is produced in a low-temperature, oxygen-free, solvent-free, supercritical CO₂-based extraction.

NOTES

Size 11 softgel

Bottle counts 60, 120

Order codes DHU6, DHU1

Bottle sizes 120 cc, 290 cc

REFERENCES

1. Su KP, et. al. *Eur Neuropsychopharmacol.* 2003 Aug;13(4):267-71.
2. Jackson PA, et. al. *Br J Nutr.* 2012 Apr;107(8):1093-8.
3. Mansoori A, et. al. *J Clin Lipidol.* 2015. 9(6); 770–777.
4. Adam O, et. al. *Rheumatol Int.* 2003 Jan;23(1):27-36.
5. Sørensen LB, et. al. *Br J Nutr.* 2015 Nov 28;114(10):1623-37.
6. Sinn N, et. al. *Br J Nutr.* 2012 Jun;107(11):1682-93
7. Grimminger F, et. al. *Clin Investig.* 1993 Aug;71(8):634-43.

SUPPLEMENT FACTS

2 softgel capsules daily, with a meal.

Two (size 11) softgel capsules contain:

Calories	10
Total fat	1 g
Fish oil concentrate (from anchovies, sardines, mackerel)	1,200 mg
Providing:	
DHA (docosahexaenoic acid)	790 mg
EPA (eicosapentaenoic acid)	188 mg

Other ingredients: fish (tilapia), gelatin capsule (gelatin, glycerin, water), natural tocopherols, rosemary leaf extract

Contains fish (anchovies, sardines, mackerel, tilapia)



DHA Ultimate	Quantity	Order Code
	120	DHU1
	60	DHU6

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